

EXPECT THE TEST

This health care facility follows good medical practice and public health law by offering HIV testing to all patients aged 13 and older.

Routine Lab Tests

✓	Glucose
✓	Cholesterol
✓	HIV Test
✓	Complete Blood Count
✓	Lipid Profile

HERE'S WHAT YOU NEED TO KNOW ABOUT HIV TESTING

- HIV testing is voluntary and all HIV test results are confidential (private).
- HIV can be spread through unprotected sex, sharing needles, childbirth, or breastfeeding.
- Treatment for HIV is effective, has few or no side effects, and may involve taking just one pill a day.
- Partners can keep each other safe by knowing their HIV status and getting HIV treatment or taking HIV pre-exposure prophylaxis (PrEP). Not sharing needles and practicing safer sex will help protect against HIV, hepatitis C and other STDs.
- It is illegal to discriminate against a person because of their HIV status.
- Anonymous HIV testing (without giving your name) is available at certain public testing sites.
- HIV testing is a routine part of health care but you have the right to object or decline an HIV test.
- If you wish to decline HIV testing, inform the health care provider.

Talk to your health care provider about how and when you will learn your HIV results.
Worst HIV status: unknown. Testing puts you in control. HIVtestNY.org



Department
of Health

ESPERE LA PRUEBA

Este centro de atención médica sigue las buenas prácticas médicas y las leyes de salud pública al ofrecer pruebas de VIH a todos los pacientes mayores de 13 años de edad.

Pruebas de laboratorio de rutina

✓	Glucosa
✓	Colesterol
✓	Prueba de VIH
✓	Conteo completo de sangre
✓	Perfil de lípidos

ESTO ES LO QUE DEBE SABER SOBRE LAS PRUEBAS DE VIH

- La prueba de VIH es voluntaria y todos los resultados de la prueba de VIH son confidenciales (privados).
- El VIH se puede contagiar a través del sexo sin protección, las agujas compartidas, el parto o al amamantar al bebé.
- El tratamiento para el VIH es eficaz, tiene pocos o ningún efecto secundario y podría involucrar tomar solo una pastilla al día.
- Las parejas pueden mantenerse seguras al conocer su estado del VIH y recibir tratamiento para el VIH o tomar o tomar profilaxis previa a la exposición (pre-exposure prophylaxis, PrEP) contra el VIH. No compartir agujas y practicar sexo seguro lo ayudará a protegerse contra el VIH, la hepatitis C y otras ETS.
- Es ilegal discriminar a una persona debido a su estado de VIH.
- Las pruebas anónimas del VIH (sin dar su nombre) están disponibles en algunos sitios de pruebas.
- Las pruebas de VIH son una parte rutinaria de la atención médica, pero tiene derecho de oponerse o rechazar una prueba de VIH.
- Si usted desea rechazar una prueba de VIH, infórmelo al proveedor de atención médica.

Hable con su proveedor de atención médica sobre cómo y cuándo conocerá sus resultados de VIH.
Peor estado de VIH: desconocido. La prueba le da el control. HIVtestNY.org



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More information and help.

New York State Department of Health
health.ny.gov/diseases/aids/publications

New York State HIV/AIDS hotlines (toll-free)

English: 1-800-541-AIDS

Spanish: 1-800-233-SIDA

TDD: 1-800-369-2437

Voice callers can use the New York Relay System 711 or 1-800-421-1220 and ask the operator to dial 1-800-541-2437

NYSDOH Anonymous HIV Counseling and Testing Program

For HIV information, referrals, or information on how to get a free, anonymous HIV test, call the Anonymous HIV Counseling and Testing Program.

Albany Region: 1-800-962-5065

Buffalo Region: 1-800-962-5064

Long Island Region (Suffolk/Nassau):
1-800-462-6786

Lower Hudson Valley Region:
1-800-828-0064

Rochester Region: 1-800-962-5063; TDD:
1-585-423-8120

Syracuse Region: 1-800-562-9423

New York City: 311 to for information on DOHMH STD clinics

More information and help.

New York City HIV/AIDS Hotline
1-800-TALK-HIV (825-5448)

National Centers for Disease Control STD hotlines

English/Spanish 1-800-232-4636, TTY

1-888-232-6348

New York State HIV/AIDS Counseling Hotline
1-800-872-2777

New York State Partner Services:
1-800-541-AIDS

New York City Contact Notification Assistance Program:
1-212-693-1419

Confidentiality

New York State Confidentiality Hotline:
1-800-962-5065

Legal Action Center: 1-212-243-1313 or
1-800-223-4044



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**Worst HIV status: unknown
Testing puts you in control.**

Key facts to know before getting an HIV Test.

- HIV testing is voluntary and all HIV test results are confidential (private).
- HIV can be spread through unprotected sex, sharing needles, childbirth, or by breastfeeding.
- Treatment for HIV is effective, has few or no side effects and may involve taking just one pill a day.
- Partners can keep each other safe by knowing their HIV status and getting HIV treatment or taking HIV pre-exposure prophylaxis (PrEP). Not sharing needles and practicing safer sex will help protect against HIV, hepatitis C and other STDs.
- It is illegal to discriminate against a person because of their HIV status.
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- HIV testing is a routine part of health care but you have the right to object or decline an HIV test.
- If you wish to decline HIV testing, inform the health care provider.

HIV testing is especially important for pregnant women.

- A woman living with HIV can pass the virus to her child during pregnancy, child birth, or through breastfeeding.
- It is much better to know your HIV status before or early in pregnancy so you can make important decisions about your own health and the health of your baby.
- HIV testing is conducted as early as possible in your pregnancy and again in the third trimester with patient consent.
- If you are pregnant and have HIV, treatment is available for your own health and to prevent passing HIV to your baby.
- If you have HIV and do not get treatment, the chance of passing HIV to your baby is one in four. If you get treatment, your chance of passing HIV to your baby is much lower.
- If you are not tested during pregnancy, your provider will recommend testing when you are in labor. In all cases, your baby will be tested after birth. If your baby's test is positive, it means that you have HIV and your baby has been exposed to the virus.

Talk to your health care provider about how and when you will learn your HIV test results.

A person living with HIV who is on HIV treatment and virally suppressed for 6 months or longer has effectively no risk of passing HIV to a partner through sex. This is called Undetectable equals Untransmittable or U=U.

State law protects the confidentiality (privacy) of your HIV test results. It also protects you against discrimination based on your HIV status.